

Iron Warriors 2021

19th Annual Martial Arts Seminar

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Featuring

Hanshi Perez & Shihan Varnell

SHIHAN VARNELL has been training in the Martial Arts for more than 42 years. He is a 7th Dan in Shuri-Ryu Karate and a 7th Dan in Shintoyoshin-Kai Jiu-Jitsu. He is a direct student of late Master John Pachivas having trained with him from 1980 to 1997. Shihan Varnell is the Senior Instructor for the Iron Warriors Training Center currently owned and operated by Hanshi Rey Perez.



HANSHI PEREZ has been training in the Martial Arts for more than 42 years. He is a 7th Dan in Shuri-Ryu Karate and a 9th Dan in Shintoyoshin-Kai Jiu-Jitsu. Hanshi holds the Menkyo Gaiden (License of Total Transmission) for the Shintoyoshinkai System, is the owner of Iron Warriors Training Center and is the Head Coach of the ASW / MMA Program at Retro Fitness in South Florida.

Seminar Time

SEPTEMBER 17th & 18th

Children:

Saturday 10 AM – 12 PM

Adults:

Friday 6:30 to 8:30 PM

Saturday 1:30 to 5:30 PM



Seminar Cost

PRE-REGISTRATION RECOMMENDED

Cost (Child)

\$ 35 ~ Saturday

Cost (Adult)

\$ 35 ~ Friday Only

\$ 60 ~ Saturday Only

\$ 85 ~ Both Days

Registration Form

(Please Submit Payment and Registration Form to The Martial Arts Center)

I hereby acknowledge, agree, and assume the risks associated with participation in The Martial Arts Center Inc. ("TMAC Inc.") Self Defense Program activities and sponsored Seminars including but not limited to slips, trips and falls, athletic injuries and illnesses, including exposure and infection with Covid-19 or other viruses or bacteria. He/she further relieves The Martial Arts Center, Inc., Michael Hernandez, Rey Perez, John Varnell, and any other persons acting on their behalf, of all liability resulting from personal injury or loss of personal property. The undersigned further stipulates that he/she is physically sound and that he/she has medical approval to proceed with this type of training & will provide their own health/accident insurance. The undersigned agrees that this release shall remain in force indefinitely from the date above.

Name: _____ Parent or Guardian: _____ D.O.B: _____ Phone: _____

Address: _____ City: _____ State/Zip: _____ Email: _____

Signature of Student or (Parent/Guardian if under 18 Years of Age) _____

Seminar Location: The Martial Arts Center

2002 Weems Road, Tucker, Georgia 3008 ~ 404/315-1040 ~ www.TMACenter.com