

KARATE-DO

“The Way of Empty Hand”

- The color of belt that I wear is:
- In Japanese, **my rank** is:
- This is how you **count (20-30)** in Japanese:
- **The Kata** which I work is:
- The **three levels of blocks and punches** in Taikyoku (I, II, III) are:
- **The Kiai** in the kata is:
- Ippon Kumite Kata (**Ippons**) display two things (principles):
- Describe **Ippon #5**:
- Describe **Self Defense #3**: (Name-_____)
- The **4 Kogeki Hoyo(s)** or advancing methods are:
- The **two cultures/countries** which contributed to the **formation of Shuri-Ryu**:

Match:

- | | |
|-----------|------------|
| ___ Uke | (A) Stance |
| ___ Geri | (B) Punch |
| ___ Zuki | (C) Block |
| ___ Dachi | (D) Kick |